

District 23 OSSTF Educational Services

Presents Annual Dinner & Speaker

Susan Stewart

You Gotta Laugh, Healing Stress with Humour

Thursday, April 27, 2017



Susan offers a lighthearted reminder of the ways life can dare us to complain and how powerful it is to be deliberate with how we respond to the challenges that come our way. You will take away a few ways to see the lighter side of life that can keep stress away and foster a positive mindset.

Susan Stewart blends the wit and comedy she's known for with a moving message about not taking life too seriously. From healing stress with humour to putting the powers of a positive mindset to work, Susan shares the art and practice of seeing the lighter side of life with audiences, leaving everyone more uplifted and motivated than when they arrived. As she says herself, "laughter is the experience, and transformation is the outcome".

"...a first class presenter who made us all laugh our heads off while allowing us to learn how not to take ourselves too seriously. Susan is the perfect package!" – Mena Kelly, Ottawa Catholic School Board

"Susan was fabulous, funny, entertaining and sincere in her delivery. I would highly, highly recommend her. She rocked the house!!!!"

– Sandra Tisiot, Women In Business Conference

Polish Hall, 154 Pearl Street, Brantford, ON

Dinner: Schnitzel, cabbage rolls, pierogis, vegetables, salad, & cheesecake

Drinks (cash bar) 4:30 p.m. Dinner 5:30 p.m. Presentation 6:30 p.m.

\$20 for District 23 members/\$25 for guests

If you would like to attend this event (limit of 200), please register online at www.d23.osstf.ca
Confirmation of attendance will be received by email. ****REGISTRATION OPENS MARCH 1.**

Please send your payment (cheques made out to OSSTF-District 23) by April 19. Please indicate which members are being paid for when payment is submitted.

GEDSB employees, please send to:

Marilyn Campbell

Simcoe Composite School

40 Wilson Drive, Simcoe, ON N3Y 2E5

BHNCDSB employees, please send to:

Brenda Gareau

Assumption College School

257 Shellard Lane, Brantford, ON N3T 5L5

If your payment is not received in time, you will be removed from the attendee list and people from the waiting list will take your place. (The courier delivers only once a week, we suggest you be innovative in your payment delivery method).

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representing all five Bargaining Units**